Jer. 31:10—***Hear the word of the LORD****, O ye nations, and declare it in the isles afar off, and say, He that scattered Israel will gather him, and keep him,* ***as a shepherd doth his flock.***

* Isa 40:11*—He shall feed his flock* ***like a shepherd****: he shall gather the lambs with his arm, and carry them in his bosom, and shall gently lead those that are with young****.***

Jer. 31:12—*Therefore they shall come and sing in the height of Zion, and shall flow together to the goodness of the LORD, for wheat, and for wine, and for oil, and for the young of the flock and of the herd: and their* ***soul shall be as a watered garden****; and they shall not sorrow any more at all..*

**16—*Thus saith the LORD; Refrain thy voice from weeping, and thine eyes from tears: for thy work shall be rewarded, saith the LORD; and they shall come again from the land of the enemy.***

17—*And* ***there is hope in thine end, saith the LORD,*** *that thy children shall come again to their own border*

## Refrain

04513. enm, mana`, maw-nah'

**To debar** – To refuse entry, exclude, expel, bar, ban, veto and prohibit. deny, keep (back), refrain, restrain, withhold.

We are not to mourn beyond natural affection. We must never allow anything to hinder our joy in the Lord at all, or take us away from our duty to him. Though we mourn, we must not murmur, nor must we resolve, as Jacob did, to go to the grave mourning. In order to repress inordinate grief, we must consider that there is hope in our end, (the trouble will not last always), that it will be in the end peace. It ought to support us under our troubles that we have reason to hope in the Lord. The righteous has hope even in his death;

Jer. 29:11—*For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end*. *12 Then shall ye* ***call upon me****, and ye shall go and pray unto me, and I will hearken unto you. 13 And ye shall seek me, and find me, when ye shall search for me with all your heart. 14 And I will be found of you, saith the LORD: and I will turn away your captivity, and I will gather you from all the nations, and from all the places whither I have driven you, saith the LORD; and I will bring you again into the place whence I caused you to be carried away captive.*